

## VIVEKANANDA PAATHSHALA

DECEMBER 2023

Vivekananda Paathshala for December focused on skill-building through various activities. Conducting skill-based activities fosters holistic development that goes beyond the confines of traditional teaching methods. By integrating hands-on learning experiences, the children become active learners, critical thinkers, and well-rounded individuals prepared for the challenges of the future.



Children enjoyed flameless cooking. The joy derived from hands-on culinary exploration not only instilled a love for cooking but also imparted valuable life skills, setting the foundation for a healthy and hygienic lifestyle.



With help from volunteers and teachers, the students were able to make healthy and tasty sandwiches. They enjoyed and loved eating sandwiches made by themselves.



A craft activity was also conducted for students in which they learned how to make a flower using paper folding. Students used origami and step-by-step instructions were provided to fold and shape the paper, emphasizing precision and attention to detail. Key folding techniques such as valley and mountain folds were introduced, and students practiced until they successfully created a beautiful origami flower. The lesson aimed to enhance spatial awareness and fine motor skills while fostering an appreciation for the art of origami.



Craft sessions stand as dynamic and inclusive platforms that not only foster creativity but also build connections, skills, and a sense of community.





The session focused on picture composition. Our Volunteers, Sirat and Shourya took an insightful session that brought out children's imagination and creativity into the classroom. The session was engaging and allowed to students to put their thoughts on paper. By the end of the session, students left with newfound skills, a deeper appreciation for visual storytelling, and the confidence to communicate.



A session was conducted by Bhavya Arora, a student prefect of 9C for the students to create awareness of plastic pollution. She explained the harmful effects of using plastic and how it affects humans and animals. The various alternatives to single-use plastic (SUP) were shown to the students.





The yoga session proved to be a valuable experience for students, fostering a sense of well-being and mindfulness.

It is a testament to the school's commitment to holistic education and the overall development of its students. Action words were introduced to children by playing action word games. The Children participated with great

enthusiasm. They were happy to do the actions like eating, skipping dancing, etc. They made a New Year Card and decorated it with stone stickers. Students were also given gifts, beautiful and colourful pencils which were distributed to encourage them.

Students were taught different spellings and they made sentences using the newly learned vocabulary words. They were given individual attention and this helped them learn the spelling and the usage of words.



Keeping skill building in mind, the students were engaged in an activity in which they used origami to make dogs. Students enjoyed the session and participated with enthusiasm.



An outdoor session was organised where the students played kho-kho. A match was organised between Jaspalians and Paathshala students. This instilled team building and competitive spirit amongst students. Caps were also given to



children for upcoming winters. All of them were very happy and enjoyed the match.



Another flameless cooking session was organised where students learned to make Bhelपुरi. They not only learned how to make it but also relished it with their peers. The volunteers were a great support during the session.



The Vivekananda Paathshala students were also very happy to celebrate their birthdays with their peers. There was a cake-cutting ceremony and the distribution of treats. The students danced joyfully with each other, enjoying every second of the occasion.